#### ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18<sup>th</sup> Avenue, 2<sup>nd</sup> Floor Phoenix, Arizona 85007

#### MEMORANDUM

TO: ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

FROM: ANNE ROCK, COUNCIL STAFF

ADHS/DBHS/CLINICAL & RECOVERY SERVICES

**DATE:** MARCH 5, 2009

RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of February 18, 2009, and the agenda for our next meeting, which is scheduled for:

March 18, 2009 10:00 a.m. to 12:30 p.m. North Phoenix Visions of Hope 15044 North Cave Creek Road Phoenix, AZ Telephone: 602-404-1555

James Russo, Chief Executive Officer of North Phoenix Visions of Hope will provide a presentation on the center's work. Telemedicine is not available for this meeting.

Directions to North Phoenix Visions of Hope: In Phoenix, take AZ 51 North (also known as Piestewa Parkway) to Cactus Road. Turn left on Cactus Road and proceed west (or left) until you reach Cave Creek Road (about two miles). Turn right (or north) on Cave Creek and proceed north to the center, which is on the west side of Cave Creek Road.

Lunch will also be provided, please contact me as soon as you can to RSVP.

The following Committees will meet this month:

- Advocacy & Legislation, March 17, 2009, 3:00 p.m. to 4:00 p.m., Arizona's Children Association, 4001 North 16<sup>th</sup> Street, Phoenix.
- Executive: March 17, 2009, 4:00 p.m. to 5:30 p.m., Arizona's Children Association.
- Planning & Evaluation, March 18, 2009, 9:00 a.m. to 10:00 a.m., North Phoenix Visions of Hope.
- Consumer Advisory: March 18, 2009, immediately following the full Council meeting, at North Phoenix Visions of Hope.
- Children: March 26, 2009, 9:30 a.m. to 11:30 a.m., MIKID, 2642 East Thomas Road, Phoenix.

Please call me at 602-364-2114 (office) or 602-663-7234 (cell) if you will be attending so I can provide the center the number for lunch. Thank you.

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# MEETING OF MARCH 18, 2009 10:00 A.M. – 12:30 P.M. NORTH PHOENIX VISIONS OF HOPE 15044 NORTH CAVE CREEK ROAD PHOENIX AZ

## AGENDA

I.	Call to Order & Introductions	Dee Ann Barber, Chair
II.	Approval of February 18, 2009 Minutes	Chair
III.	Welcome: North Phoenix Visions of Hope	James Russo, CEO
IV.	DBHS Report	Dr. Laura Nelson
V.	Arizona State Hospital Report	John Cooper
VI.	Committee Reports  A. Executive  B. Advocacy & Legislation  C. Children  D. Consumer Advisory  E. Planning & Evaluation  State Agency Updates  A. ADC  B. ADE  C. ADOH  D. AHCCCS  E. DES/DCYF  F. DES/RSA	Dee Ann Barber Steve Carter Vicki Johnson Kevin Ferris Vicki Johnson  Bruce McMorran Roberta Brown Karia Basta TBA* Mark Ewy Leticia Labreque
VIII.	T/RBHA Updates	Chair
IX.	Announcements	Chair
X.	Next Meeting/Agenda for Meeting	Chair
XI.	Call to the Public	Chair
XII.	Adjournment	Chair

<sup>\*</sup>to be announced

<sup>&</sup>quot;...to advise, review, monitor, and evaluate all aspects of the development of the State Plan" (Public Laws 99-660, 100-639, and 102-321)

#### ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18<sup>th</sup> Avenue, 2<sup>nd</sup> Floor Phoenix, Arizona 85007

## MEETING OF FEBRUARY 18, 2009 GILA RIVER BEHAVIORAL HEALTH CORPORATION SACATON, ARIZONA

Members Present Members Absent

Dee Ann Barber, Chair John Baird
Steve Carter Karia Basta
Patricia Dorgan Paula Block
Gita Enders-via telephone John Cooper

Julia Engram

Lyle Ford

Mark Ewy

Kristin Frounfelker

Kevin Ferris

Patrice Gillotti

Sue Gilbertson

Leticia Labreque

Sue Gilbertson Leticia Labreque
Phyllis Grant Dr. Laura Nelson
Vicki Johnson

Bruce McMorran

DBHS Staff

Alida Montiel

Joe Mucenski

Sandi Ortiz

James Russo Guests

Dan Wynkoop Priscilla Foote
Steven Green
Fred Hubbard
Nancy Maas
David Simmons

#### I. Call to Order & Introductions

The meeting was called to order at 10:33 a.m. There was a quorum present. Introductions were made. Dee Ann Barber reminded the Council and guests that the meeting is conducted under the open meeting law.

#### II. Approval of January 21, 2009 Minutes

The minutes were approved with one correction: Agenda item X: The Consumer Advisory Committee was omitted from the schedule of committee meetings. The Committee will meet in February.

### III. TRBHA Director Welcome

Steven Green welcomed the Planning Council to the Gila River Indian Community. A PowerPoint presentation was shared with the Council, which highlighted the growth and progress of the TRBHA since its inception.

Steven reported that the Behavioral Health Clinic and the TRBHA merged in 2007, which created Gila River Behavioral Health Services. The program was designed to be a single entry point for tribal members to access behavioral health services. There is one program manager with oversight of all clinical services, which simplifies service coordination. All staff are licensed or credentialed and includes 5 psychiatrists, 6 therapists, a traditional healer and a traditional therapist. The intensive case management caseload size is currently 20:1 with the goal to reduce this to 15:1.

Clinical services include a centralized intake and evaluation process, with outpatient services, counseling and psychiatric services provided. The outpatient services program is based upon the "matrix model," and is expanding to the west side of the reservation in April 2009, with assistance from ADHS/DBHS. \$13,000 was provided from the Substance Abuse, Prevention & Treatment (SAPT) Grant as seed money to start the program.

The number of individuals served is currently at 1,072, which is a large increase from 115 individuals served in 2001. There are 16,000 tribal members living on the reservation. Gila River contracts with 95 providers, who also contract with local area RBHAs, Cenpatico and Magellan. Gila River has a dual court ordered evaluation (COE) and court ordered treatment (COT) program. All contractors with the TRBHA are also required to accommodate traditional healers and therapists when they are at their facility. All contractors have agreed to this requirement.

Thwajik-ke is a 24 hour, 7 day a week residential substance abuse program that serves individuals and their families. Detoxification services are also offered. The facility was funded by the Gila River tribe (\$9 million) and is operated by the Department of Human Services. The detoxification services are funded through monies appropriated by H.B. 2554.

Steven also reported that the TRBHA currently has a 28% penetration rate, the highest of all TRBHAs and RBHAs.

Regarding services to the older adult population, Priscilla Foote reported that the tribe has seven districts, each with its own elder group. The TRBHA's Cultural Competency Committee has conducted orientation trainings to the seven groups to increase awareness of the services available, as well as gauge the elders' perceptions of mental health. The Committee was invited back to future meetings to further discuss mental health. Priscilla added that the number of elders in the tribal population is very small, with the majority being young. Steven added a new nursing home has been built in the community with a mental health component.

The TRBHA has a parent and consumer advisory group known as the "Purple Onions". They meet monthly, and assist in program planning, including the annual MHSIP consumer satisfaction survey.

The TRBHA is involved in the Meet Me Where I Am campaign, and child and family teams (CFTs) are on the reservation. 65% of the behavioral health enrolled children are involved in a CFT. Children who are placed outside of the reservation are mostly within a 30-mile radius of the reservation, and the TRBHA provides transportation for families to visit their children.

The TRBHA is currently in negotiations with ADHS/DBHS regarding their Intergovernmental Agreement (IGA) and has communicated to the State that the tribes need to be involved in the Meet Me Where I Am campaign and included in the IGA, as their children are class members as well.

#### IV. DBHS Report

There was no report for February.

## V. Arizona State Hospital Report

There was no report for February.

### VI. Committee Reports

<u>A.</u> <u>Executive:</u> Dee Ann Barber reported that the results of the January meeting survey received good ratings overall.

The Block Grant monitors will be visiting Arizona in April and have selected Gila River Indian Community and a CPSA provider. The Planning Council meeting will be in Tucson, location to be determined.

Regarding the Open Meeting Law, the Planning Council minutes will be prepared within the three business day timeframe, and will ensure that the meetings are posted for the public. Dee Ann added that the Council also recognizes the state's budget issues and the lack of state staff may delay this process.

The November meeting will be held in Yuma, with telemedicine available.

- B. Advocacy & Legislation: Steve Carter distributed several documents regarding current legislative proposals being considered. Bills of concern include HB 2205, a bill to create a committee to evaluate the effectiveness of the state behavioral health system and provide a report to the Legislature. HB 2227 proposes the elimination of the Office of Behavioral Health Licensure. There is also a bill to eliminate the waiver for DUIs for persons who are prescribed methadone. There are several mental health parity bills this session as well. Steve added that Senator Pearce introduced a bill to lift the constitutional measures regarding funding and voter-approved initiatives (ex. increase AHCCCS eligibility to 100% of FPL).
  - HB 2524 proposes an alcohol tax to fund substance abuse services.
- C. Children: Vicki Johnson reported that the Committee continues its work to learn about the roles and relationship between ADHS/DBHS and DES/DDD when caring for children who are in both systems. The Committee heard two presentations at their last meeting: Raising Special Kids, a parent support and advocacy organization, and Tungland, a statewide agency. The Committee will continue its efforts regarding the DES/DDD and ADHS/DBHS roles.
- <u>D.</u> <u>Consumer Advisory:</u> Kevin Ferris reported that the Committee met with Stand Together and Recover (STAR) in January. The group was provided a tour and lunch, and learned about the many services STAR offers to consumers. The agency will be starting a veteran's support group for individuals returning from service.
- E. Planning & Evaluation: Patricia Dorgan reported that the Committee discussed the Arnold v. Sarn report; a report will be drafted and sent to Dee Ann, and a copy forwarded to Dr. Nelson. While the report noted many positive efforts in settling the lawsuit, there are still concerns to be addressed, which will be identified in the report. The March meeting will include a discussion of the monthly enrollment and penetration report, and a video presentation regarding CIT.

#### VIII. State Agency Updates

- <u>A.</u> <u>ADC:</u> Bruce McMorran introduced himself as the Arizona Department of Corrections representative to the Council. The state agency has new leadership; Charles Ryan is new Director, and Charles Flanagan is the new Deputy Director.
- <u>B.</u> <u>ADE:</u> There was no report.
- <u>C.</u> <u>ADOH:</u> Anne Rock reported in Karia Basta's absence. The Drachman Institute will be conducting three trainings in Flagstaff, Tucson and Phoenix. Karia also requested that the Planning Council forward her any suggestions for training from the Drachman Institute.

The State Housing Trust Fund is still in danger of being swept, and is the only state funding the agency has for housing for special populations, including persons with mental illness.

<u>D.</u> <u>AHCCCS:</u> Anne Rock reported in Kistin Frounfelker's absence. Currently there is no Secretary for Health and Human Services (HHS) in Washington DC. Therefore, things are moving slowly. AHCCCS has been ordered by the legislature to research a benchmark Medicaid benefit package to certain populations and report by May 1, 2009. This may not be enough time to fully research this issue and there may be an extension request depending on the status at that time. When a benefit package is determined it will still require approval from CMS. Given the fact there is no Secretary for HHS right now, no one knows how soon these approvals will occur. As far as AHCCCS knows, everything that has been on a moratorium, and will continue to be so until further notice.

The enrollment numbers for February 2009 are: 964,342 Title XIX eligible individuals, and 94,260 behavioral health enrollees.

E. DES/DCYF: Mark Ewy reported that DES was greatly impacted by the budget cuts. Original probation staff were let go and the rest of DES employees are on work furloughs. The Healthy Families program was cut by 75%, which in effect closed the program. The Promoting Safe and Stable Families program was defunded. Arizona Families First was reduced by \$750,000 parent aide services have been cut 25%. The Family Builders program and the independent living stipends have been reduced. Dee Ann commented that payments to foster parents have been cut 20%.

Mark added that each DES district is responsible for determining where the cuts will be made, and some examples are transportation costs. If families are not using their bus passes, these will be suspended.

<u>F.</u> <u>DES/RSA:</u> There was no report.

#### VIII. <u>T/RBHA Updates</u>

<u>CPSA:</u> Phyllis Grant reported that all five counties under CPSA's oversight have conducted their focus groups.

<u>NARBHA</u>: Kevin Ferris reported that NARBHA is providing information regarding its network of care, which is now posted on the NARBHA website.

#### IX. Announcements

Joe Mucenski announced that he uses Priceline.com to search for hotels while attending the Council meetings and it is a good source for low cost hotels. The State will accept the computer print out of the Priceline receipt for reimbursement.

Alida Montiel announced that the conference regarding involuntary commitment will be held March 5<sup>th</sup>; attendees are the RBHAs, TRBHAs, their medical directors and tribal liaisons. Dr. Laura Nelson will provide the keynote. Agenda items include discussions regarding the difference between Title 36 and tribal laws, with the goal to identify future training topics on this issue.

Vicki Johnson announced that MIKID moved to their new location about a year ago, and an Open House has been scheduled for March 13<sup>th</sup> to celebrate. A buffet luncheon will be served, and informational workshops will also be held, including a presentation from Karl Dennis, a pioneer in the children's wraparound process.

Anne Rock announced that she would be assuming a new position at ADHS/DBHS, and its focus will be on vocational rehabilitation and employment opportunities for adults with serious mental illness; she will no longer be responsible for the CMHS Block Grant. Anne will continue with the responsibility of staffing the Planning Council and its Committees.

#### X. Next Meeting/Agenda for Meeting

The next meeting is scheduled for March 18, 2009, 10:00 a.m. to 12:30 p.m. at North Phoenix Visions of Hope, Phoenix. Agenda items include a presentation from James Russo, Chief Executive Officer of North Phoenix Visions of Hope.

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# XI. Call to the Public

Fred Hubbard reported on the Federal Medical Assistance Program. Dee Ann requested that the Planning & Evaluation Committee work with Mr. Hubbard on this topic for the Council.

# XII. Adjournment

The meeting was adjourned at 12:30 p.m.